CPD MADE SIMPLE.

Continuing Professional Development (CPD) is an essential part of maintaining your professional membership and ensures you remain committed to the highest professional and ethical standards.

We understand that CPD can sometimes feel daunting and time consuming, which is why we have put together our top tips for maintaining your CPD, whether you have 15 minutes, an hour or a half a day.

**I HAVE...**

**15 minutes**
- Read an article, newsletter or blog post
- Find your next training course or book onto a webinar
- Sign up to CIWEM’s mentor platform
- Identify a skill or competency you would like to develop
- Join a community, network or your local CIWEM branch
- Ask a colleague for feedback
- Check in with your team

**1 hour**
- Attend a webinar, branch event or ‘lunch and learn’
- Listen to an episode of the ‘Let’s talk WEM’ podcast
- Read a technical paper or policy document through CIWEM’s website
- Undertake a mentoring session
- Record and reflect on your last CPD activity
- Pitch an idea for ‘The Environment’ magazine or technical paper proposal
- Work on an application to upgrade your CIWEM membership

**4+ hours**
- Fill in our Professional Development Plan to identify short and long term goals, guiding your CPD planning and career decisions
- Become a mentor and complete our collaborative leadership course
- Shadow a colleague for half a day or swap a task
- Work on a technical paper or article for ‘The Environment’ magazine
- Attend an exhibition or conference
- Volunteer for CIWEM

**QUICK TIPS**

1. Develop your CPD around short and long term professional goals by using CIWEM’s professional development planner

2. Push yourself beyond your day-to-day to broaden your horizons by completing a wide range of activity types across the sector

3. Break your CPD down into accessible chunks, if you have something you want to achieve, break it down to suit your schedule

Find out more: www.ciwem.org/membership/cpd